

**REPORT ON ACTIVITIES CONDUCTED UNDER EK BHARAT SHRESHTHA BHARAT
MINISTRY OF TOURISM**

Sr. No	Activities by the Ministry	Month of Activity	Activity Done	Details of the Activity	Paired States involved	No. of Participants / Attendees	Any other relevant information
1	IHM , Bhubaneswar Ministry of Tourism	August, 2020	Maharashtrian Cuisine (Sweets Demonstration)	IHM, Bhubaneswar was conducted Sweets Demonstration of Maharashtrian Cuisines under Ek Bharat Shreshtha Bharat. The Cuisines are : i. Aamrakhand ii. Sheera iii. Puran Poli	Maharashtra	5	The activity is conducted under the guidelines of COVID-19 of Govt. of Odisha

Sd/-
(Sharada Ghosh)
Principal



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MAHARASHTRIAN CUISINE

SWEETS DEMONSTRATION

under

EK BHARAT SHRESHTHA BHARAT

by

IHM BHUBANESWAR

on 31st AUGUST 2020





Aamrakhand

- **Ingredients**
 - Yoghurt – 100gm
 - Mango pulp – 60gm
 - Powder sugar – 30gm
 - Cardamom pwd – 2gm
- **For garnish**
 - Pistachio – 5gm
 - Praline – 5gm
 - Tuile

AAMRAKHAND



Sheera

- **Ingredient**
 - Semolina – 100gm
 - Saffron
 - flavoured milk – 200ml
 - Ghee – 20gm
 - Sugar – 100gm
 - Cardamom powder – 2gm
 - Mix nuts – 20gm

SHEERA



Puran Poli

- **Ingredients for Dough**
 - Refined flour – 60gm
 - Whole wheat flour – 60gm
 - Ghee – 10gm
 - Salt – to taste
 - Water – as required
- **For Fillings**
 - Boiled Bengal gram - 30gm
 - Ghee – 10gm
 - Jaggery - 30gm
 - Fennel powder- 2gm
 - Nutmeg powder (optional) – a pinch
- **For shallow fry**
 - Ghee – as required

PURAN POLI